



## Tennis Chesterfield's

### Schools Tennis Programme 2018/19

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# Why Choose Tennis?

Tennis is a sport that gives young people the physical literacy skills they need to be active later in life and life skills such as resilience, adaptability and drive – that will help them achieve their personal ambitions.

Our coaches are available to work alongside teachers and provide to support and up-skill teachers to improve the delivery of physical education and sport.

## The Team

Tennis Chesterfield works in partnership with Chesterfield Lawn Tennis Club to deliver coaching services at the club and within the local community.

Our coaches are able to demonstrate how tennis is an excellent activity for supporting the national curriculum attainment outcomes at Key Stages 1 & 2 that focus on developing fundamental movement skills.



***Charlie Pick***

***LTA Level 5***



***Andrew Bell***

***LTA Level 4***



***Jonny Brooke***

***LTA Level 4***

# Curriculum Tennis Coaching

**£30.00 per hour**

Curriculum Tennis Coaching takes place at the school.

This can be in the school hall or outside space.

Our expert LTA Licensed Tennis Coaches will deliver a course of lessons providing all the equipment for the sessions.

During the course, pupils will learn the basics of tennis including co-ordination skills, ball and racket skills, plus fun games. At the end of the course, pupils are rewarded with a certificate of achievement. Courses are booked for either a half term or full term and are chargeable by the hour.

## **Key elements**

- ✓ Expert coaching delivered in line with key stage 1 & 2 curriculum
- ✓ Introduction to the basics of tennis
- ✓ Transferable skills to other sports
- ✓ Supporting teachers to help deliver sport to large groups in small spaces

## **How to book?**

Please email [admin@tennischesterfield.co.uk](mailto:admin@tennischesterfield.co.uk) or call 07787419407.

# Schools Tennis Roadshow

**FREE**

The Tennis Roadshow visits the school delivering tennis to age groups from reception through to year 3. The aim is to give as many pupils as possible the opportunity to play tennis for free!

The Roadshow team will bring all the equipment required and deliver 30-minute sessions to each class.

Following the Roadshow, pupils will be given a participation certificate and invited to take part in a fun day at Chesterfield Lawn Tennis Club, where they will be able to continue enjoying the game.

**\*Please see supporting roadshow document for a full overview\***

## **Key elements**

- ✓ Provide opportunities for a high number of pupils to enjoy the game of tennis
- ✓ One class (approx. 30 pupils) every 30 mins
- ✓ Minimum of 4 classes
- ✓ An indoor space (school hall) for the activity or as back up for bad weather

**How to book?** Please email [admin@tennischesterfield.co.uk](mailto:admin@tennischesterfield.co.uk) or call 07787419407 to book your place today. Please note we have limited availability.

## **Tennis For Kids Initiative**

### **Breakfast/After School Club**

**£25.00 per child for 6 sessions**

Tennis For Kids is a 6-week taster that takes place at school as a breakfast or after-school club.

#### **How it works?**

- Our coaches will promote the sessions during an assembly to get the children interested.
- Parents sign up and pay online (schools don't have to take in paper consent forms or cash).
- 6 weekly 1-hour sessions for £25.00. Children will receive a FREE racket, a personalized t-shirt and a set of tennis balls.
- At the end of the 6 sessions the children will be receive a follow-on offer to join Tennis Chesterfield's coaching programme.

**How to book?** Please email [admin@tennischesterfield.co.uk](mailto:admin@tennischesterfield.co.uk) or call 07787419407.

# Disability Tennis

Tennis Chesterfield runs an award-winning disability tennis programme. Our Partner at Chesterfield Lawn Tennis Club is the disability tennis HUB for Derbyshire.

Our disability specialist coaches can include pupils with additional needs into the tennis sessions by using adaptive equipment.

## **This includes...**

- ✓ Learning disabilities
- ✓ Visually Impaired
- ✓ Physically Impaired
- ✓ Hearing impaired
- ✓ Mental Health

**How to book?** Please email [andy@tennischesterfield.co.uk](mailto:andy@tennischesterfield.co.uk) or call 07738394785.

# The Tennis Tour

We welcome you to take a visit to Chesterfield Lawn Tennis Club for the 'Tennis Tour'. The 'Tennis Tour' includes coaching on the indoor tennis courts by our expert LTA licensed coaches plus off court activities.

The Tennis Tour can be delivered to one class or multiple classes in a single visit.

## **Key elements**

- ✓ Coaching on the indoor tennis courts at Chesterfield Lawn Tennis Club
- ✓ Delivered by expert LTA Licensed coaches
- ✓ Between 25 to 120 pupils can take part

**How to book?** Please email [admin@tennischesterfield.co.uk](mailto:admin@tennischesterfield.co.uk) or call 07787419407.